St Nicholas Church Sutton

5 FEBRUARY 2023

THE THIRD SUNDAY BEFORE LENT

Welcome to all who gather here today. Please ask one of the welcomers if you would like any assistance.

Worship

Please check the website and mailings for the most up to date information about our services.

IN CHURCH

Today: 5 February, 10.30am, Third Sunday before Lent (Proper 1) – Holy Communion
Next week: 12 February, 10.30am Second Sunday before Lent – Holy Communion

Thursday 9 February 10am Holy Communion
(then Private Prayer to 12.30pm)

ONLINE (Zoom Service) Morning Prayer, Wednesday 8 February, 8.30am (2 Chronicles 5)

Lectionary Readings (Year A)
Today: Isaiah 58.1-9a [9b-12], 1 Cor.2.1-12 [13-end], Matthew 5.13-20 (1st reading, p.62, Gospel, p.65)
Next week: Second Sunday before Lent: Genesis 1.1-2.3, Romans 8.18-25, Matthew 6.25-end

Hymns for Sunday 5 February: 49 Awake, awake: fling off the night;
78 Christ is the world's true light; 473 The Church's one foundation;
514 Thou whose almighty word (Moscow)

Restoring the chalice

As coronavirus restrictions have now eased, we have reintroduced the common cup. Nevertheless, there are circumstances in which a communicant may choose to receive only in one kind and I want to assure members of the congregation that, if they wish, they are free to continue to receive in one kind. This is still full communion.
Please do be in touch if you have any questions. *Revd Frances*

Church of England worship

Daily Prayer app and podcast

This is the app to help you follow Morning, Evening and Night Prayer wherever you are.
It includes Bible readings (NRSV translation) and psalms.
https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer/daily-prayer-app-and-podcast

Prayer List

Judith, Lefteris, Pramila, Pam Affleck, Willemina Robson, Geoff Rendall, Michelle, Tony Nworisa, Dominic
Departed – Brian Burns, Gold Adekoya, Mike Kelly, Dorothea

To include someone on the prayer list please ask their permission first. Then send the request to **rector.stnicholassutton@gmail.com** by Wednesday.
Please note that Clergy/SPAs/Staff will not be able to answer questions about people on the prayer list.
Names will remain on the list for a month.

Charity of the Month

for February is **Sutton Women's Centre**

SPRING TERM PROVISION FOR JAM/SPECTRUM	JAM/Spectrum will meet in Church (Lady Chapel/seating area near the font) at 11.45am (after the 10.30am service) on the following occasions: **JAM,** 19 February, 12 March **Spectrum,** 5 February (Confirmation follow-up), 26 March Please speak with Revd Frances if your child wishes to join JAM/Spectrum.
ASH WEDNESDAY, 8PM 22 FEBRUARY 2023	There will be a service of **Holy Communion at 8pm with imposition of ashes at St Nicholas** led by the Revd Frances Arnold. The service is preceded by a **Frugal Supper** (bread, cheese, fruit) **in church, 6.45 for 7pm.** We welcome friends from the LEP - Trinity and Sutton Baptist congregations. Please contact Ginny, Parish Administrator, to book a place for supper by 16 February. There is no charge, but there will be a box available for donations (suggested donation £3). The money (after expenses) will go to the Bishop of Southwark's Lent Appeal.
LENT 2023 IN *CHURCHES UNITING IN CENTRAL SUTTON (CUCS)*	**CUCS Lent groups** will meet again face to face this year! We hope many of you will join a friendly group with people from our three churches, Trinity, St Nicholas and Sutton Baptist Church, for readings, prayer and discussion. We will be using a study guide called *"The Kingdom of God is Justice and Peace"* produced by the charity "*Embrace the Middle East*". The groups will meet weekly for five weeks **starting the week beginning February 27th**: Tuesdays at 2.30pm in the Parlour at Trinity, Tuesdays at 7.30pm on Zoom Wednesdays at 7.00pm at Sutton Baptist Church, Fridays at 10.30am at Trinity, in the church itself. For more details see the leaflets in your church or speak to your church CUCS representative.
MAP CONVERSATION WITH REVD JAY COLWILL, DIRECTOR OF MISSION & EVANGELISM, 12 NOON TO 2PM ON SUNDAY 5 MARCH 2023	Canon Jay Colwill will be our preacher **on Sunday 5 March** and will then explore with us: who we are as a Church & Parish; our strengths & the challenges that face us. This will help us make plans for the way forward that God is calling us to. **This is an important meeting for the congregation and all are encouraged to attend, especially children and families.** **A SANDWICH LUNCH WILL BE PROVIDED. PLEASE SIGN THE SHEET AT THE BACK OF CHURCH BY WEDNESDAY 1 MARCH FOR LUNCH.** As we prepare for our conversation with Jay, Let us pray… that we may see what God is already doing in every encounter, every journey and every day… for wisdom, grace, energy and guidance, as we worship, hear the Good News and share God's love in the world.
SUNDAY 21 MAY 2023 APCM	The **Annual Parochial Church Meeting** will take place in Church after the 10.30am service (12noon) on Sunday 21 May. Please note the date in your diary.
FRIDAY, 28 APRIL 2023, SUPPER TALK AT 7PM	A date for the diary: Friday, 28 April - Supper Talk at 7pm when Eamonn Mullally will present 'Recollections of a London Tour Guide'. Tickets, at £10 each, will be available in mid March.
MOTHERS' UNION AGM AND BRING & BUY SALE, SUNDAY 19 FEBRUARY 2023	St Nicholas MU will be holding a **Bring and Buy Sale** after the 10.30am service on Sunday, 19 February 2023. Please bring anything that will sell, plus some cash to buy something! This will be followed by our **AGM** which we will hold at Bar & Block on St Nicholas Way. All welcome to attend. Look forward to seeing you there! St Nicholas Mothers' Union
FRIENDS OF ST NICHOLAS CHURCHYARD: LITTER PICKING IN LENT 2023	Come and join us as we spring clean the Churchyard. We'll do 30 minutes or so of social litter picking. All equipment provided. Old or young, everyone is welcome! Sunday Meeting Dates: Noon in the Tower of St Nicholas Church. 26 February-----NOT MEETING 5th March-----12 March, 19 March, 26 March, 2 April 2023
SUNDAY 12 FEBRUARY 2023, FRIENDS OF ST NICHOLAS CHURCHYARD	Please note that we have our next meeting of the Trustees and Members of the Friends of St Nicholas Churchyard on Sunday 12 February at just after noon. We are changing things slightly as we will meet in the Robin Hood pub on West Street. We'll be discussing progress towards the 2023 programme including grant applications. All welcome.